

One-on-One Counselling



The WCMSS is offering individual counselling to men in the community. This is a safe place for you to come and receive support. We are here to listen and to reflect your needs back to you.

Whether men/boys are dealing with:

- Abuse
- Addiction
- Anger
- Anxiety
- Bullyism
- Depression
- Loneliness/Isolation
- Relationship Challenges

We are here to help!

Hourly rate: \$75 sliding scale - no one will be turned away. We accept donations to support our work.

To make an appointment:

CONTACT: *West Coast Men's Support Society*

Phone: 250-597-2801

email: info@westcoastmen.org