



L'Ecole Mount Prevost Middle School

May 16th, 2013

TO WHOM IT MAY CONCERN:

I am writing this letter on behalf of Grant Waldman, Executive Director of the West Coast Men's Support Society. Over the past year at Mount Prevost Middle School, Grant has conducted a boys group during our lunchtime. The group has provided a time for boys to find a community within the school, share their thoughts and feelings about their lives, and discuss issues that Grant brings to the group each week. The "Fire and Bones" group, as it is called, has shown strong attendance during the year and, after receiving feedback from the boys who attend, I feel that the group has had a strong, positive impact on the lives of the students here at Mount Prevost Middle School.

In addition to the weekly Fire and Bones group, Grant organized a boys' weekend at Camp Pringle in Shawnigan Lake where three boys from Mount Prevost Middle School attended. Again, the feedback I received from the weekend was very positive. My son was one of the students who attended the camp and he was very impressed with the entire weekend. He looks forward to attending another event in the future!

I wish Grant the best of success with his Boys Group initiative and I look forward to having Grant facilitate future boys groups in my school in the future. I am also recommending Grant's Boys Group initiative to other Middle and Secondary Schools in the Cowichan School district. The young men in the Cowichan Valley would benefit immensely if this program had a chance to grow and prosper.

Sincerely,

Grant Mellemstrand
Vice-Principal
/klc